



Student- Athlete Handbook
**“Creating an environment to become the best
version of ourselves”**

Extracurricular Standards of Behavior
Kenedy ISD Board Policy
FO(LOCAL)

With the approval of the principal and Superintendent, sponsors, and coaches of extracurricular activities may develop and enforce standards of behavior that are higher than the District-developed Student Code of Conduct and may condition membership may take into consideration conduct that occurs at any time, on or off school property. Extracurricular behavioral standards shall not have the effect of discriminating on the basis of gender, race, color, disability, religion, ethnicity, or national origin.

A student shall be informed of any extracurricular behavior standards at the beginning of each school year or when the student first begins participation in the activity. A student and his or her parent shall sign and return to the sponsor or coach a statement that they have read the extracurricular behavior standards and consent to them as a condition of participation in the activity.

Standards of behavior for an extracurricular activity are independent of the Student Code of Conduct. Violations of these standards of behavior that are also violations of the Student Code of Conduct may result in independent disciplinary actions.

A student may be removed from participation in extracurricular activities or may be excluded from school honors for violation of the Student Code of Conduct.

Athletic Statement

It is the purpose of Kenedy Athletics to complement the academic program. To this end, we will strive to teach character lessons through competitive athletics that will enhance the learning environment for students participating in the program.

Under law and UIL rules participation in school athletics is a privilege and not a right. Students who volunteer to participate in athletics represent Kenedy ISD. As athletes it is expected to conduct yourself at all times in a manner which will reflect positively on the athletic program, the school, and the community. The athlete needs to be a positive role model for the other members of the student body and community.

Core Values

Relentless Effort

Go as fast and as hard as you can, from start to finish.
No energy means no effort.
Must always bring the juice, Juiceless= Useless!
Excellence is the best standard.
All we expect is your best.

True Toughness

Whatever the task, whatever the challenge/adversity, whatever the competition, we will not back down.
We are what we do, not what we say.
True toughness is shown in actions.
Elite is not about how talented you are, it's about how tough you are.

Committed Preparation

Willing to do what the common man won't.
Elite performance requires elite preparation.
Elite competitors have
a powerful combination of drive and discipline: the drive to do the work necessary to prepare, and the discipline to do the work right.

Power of the Family

Committed through faith, trust, and love. No more powerful force than a group of men or women who share uncommon commitment to each other and to achieving their mission. Strength of the team determined by the strength of connections of the team.

Letterman Requirements

CRITERIA FOR AWARDING VARSITY ATHLETIC LETTERS

- * Participant must have completed the season as a Varsity member in good standing and meet UIL requirements to be eligible for consideration.
 - ** Each head coach reserves the right to award a letter to a participant because of extenuating circumstances such as an injury or because the participant was elevated from JV status to Varsity status late in the season.
- I. Football, Volleyball, Basketball, Baseball, Softball and Track**
- Participant must have been a member of the Varsity team for at least one-half of the season.
- II. Cross Country, Powerlifting**
- Participant must have placed in the top ten individuals at the varsity District Cross Country Meet/Qualifying PL Meet or be a member of the team and have participated in at least one-half of scheduled meets.
- III. Golf**
- Participant must have been a member of the "five member" Varsity team for at least one-half of the season's tournaments or have qualified for Regional honors.
- IV. Tennis**
- Participant must have completed the season as a Varsity member in good standing.
 - Participant must have been a member of the "six member" Varsity team for at least one-half of the season's tournaments.
- V. Managers/Trainers/Statisticians/Record Keepers**
- Must be in attendance at regular workouts and games or events for two years.

Kenedy Athletics Accountability System

PLAYER EXPECTATIONS:

1. "Daily Details"
 - a. Be Here and Be on Time Every Day (call a coach if you are going to miss)
 - b. Wear What We Issue (shorts, shirts, tennis shoes, no jewelry, clean shaven)
 - c. Clean locker & Locker Room
2. Practice Attitude & Effort (Bring the Juice)
3. Classroom Performance & Behavior

PLAYER NON-NEGOTIABLE ACTIONS (Results in Automatic Removal from the Program):

Walk off and quit, refuse to do what is asked of them by the Coach, stealing from teammates, verbally abuse the Coach/Teacher/Administrator

- At least 1 year from that sport
- Discussion with the Athletic Director about other sports

ACCOUNTABILITY PROCEDURES:

1. "Daily Detail" Infractions:
 - a. Be on Time/Call if Absent - Reminders/Group Reminders
 - b. Wear What We Issue - Re-Direct & Reminders
 - c. Clean Locker & Locker Room - Re-Direct & Reminders/Group reminders if necessary
- 2 & 3. Being Removed from Practice due to Attitude or Effort / Poor classroom performance or behavior = Get Right Protocol
 - 1st Offense – Minimum of Warning (documentation)
 - 2nd Offense – Visit with family coach & get-rights (documentation)
 - 3rd Offense – Visit with family coach & head coach, get-rights; Parent Contact (documentation)
 - 4th Offense – Player meets with Leadership Council, family coach, and head coach, and is subject to being assigned Sunshine Club or removal from the program, whatever the Committee decides. Also, parent contact. (documentation)
 - 5th Offense – Removal from the program.

DEFINITION OF ACCOUNTABILITY TERMS:Reminders – Anything from 20-50 up-downs to no more than 400 yds of Big 6 activity

Get-Rights – Big 6 activities, each one lap around the football field sidelines (bear crawl, monkey run, back pedal,tuck jumps, pencils, air raids/log rolls)

Sunshine Club – 3 mornings of Get-Rights at 6:30 A.M. Player, family coach, and at least 2 members of the Leadership Council must be present. If the player misses any of the 3 days, he is automatically removed from the program.

Eligibility To Participate

1. Physical Examination

A physical examination is required for incoming 7th, 9th and 11th grade students/athletes or injured the previous year. Use only the approved UIL form to record physical examinations. Club or organization forms will not be accepted. The physical covers all sports for the year. A group physical will be scheduled at the end of each school year to cover the upcoming fiscal year.

2. Athletic Department Forms Packet

This packet must be filled out completely and includes: (1) Consent to participate and information form; (2) medical history and consent to medical treatment; (3) Physical.

- **Physician Visits:**
 - A. If/When an athlete goes to a physician for a school - related **Athletic Injury**, he/she is to take a Medical Referral form from the Athletic Director. If the athlete is unable to get this form before going to the physician, he/she must make every attempt possible to inform the Athletic Director and/or Sponsoring Coach. In order for our Insurance Policy to be effective, insurance claims will not be submitted unless the athletic director and/or coach knows of the injury and the physician visit **beforehand**.
 - B. If/When the athlete goes to a physician for an illness; he/she is to bring a note signed by the **doctor** stating the problem and time out of participation.
 - C. Any time an athlete sees a doctor and the doctor states that the athlete is to sit out of participation, then the athlete must have either a written note from the doctor or the parent releasing the athlete to participate again.
- **At home or non-school injuries:**
 - A. The athletic coaches can administer injury evaluation and treatment/first aid procedures. However, injuries that occur away from school activities or injuries associated with non-school activities cannot be claimed under school insurance.
- **Injury treatments:**
 - A. When an athlete is injured they are expected to attend treatment at designated times provided by the Athletic Director or coach. Treatment is essential to overcoming injuries in a timely manner and providing the athlete with an opportunity to return to action as soon as possible.

3. Athletic Eligibility

A student in grades 9-12 may participate in extracurricular activities on or off campus at the beginning of the school year only if the student meets the following requirements:

- a. Freshman: must have been promoted from the eighth to the ninth grade.
- b. Sophomore: must have at least 5 credits towards state graduation requirements.
- c. Junior: must have at least 10 credits toward the state graduation requirements or during the preceding 12 months, have earned 5 credits towards state graduation requirements.
- d. Senior: must have at least 15 credits toward state graduation requirements or during the preceding 12 months, must have earned 5 credits toward state graduation requirements.

A student participating in UIL activities will be suspended from participation in athletic competitions after a six-week grading period in which the student received a grade lower than a 70 on a scale of 100 in any academic class other than an identified honors, advanced placement or dual credit courses). This suspension continues for at least three weeks. The grades will be reviewed at the end of each three-week period; the suspension will be removed if the student is passing all classes with a grade equal to or greater than a 70.

In order to remain eligible an athlete must pass all courses each six-weeks grading period. If an athlete fails one or more courses for a six week grading period, the grades for all courses will be checked at the end of the designated status reporting period (approximately 3 weeks) and the athlete will regain eligibility if he/she is passing every course. When a change in eligibility occurs there is a 7-day grace period.

In the case of a student with a disability that significantly interferes with the student's ability to meet regular academic standards, an academic suspension must be based on the student's failure to meet the requirements of the student's Individualized Education Plan (IEP), as determined by the admission, review, and dismissal (ARD) committee.

An academically suspended student may not be reinstated to athletics until, after a three weeks period or the end of school year, the student is academically eligible as determined by the campus principal and classroom teachers.

The student must attend and participate in all practices and/or training sessions. Failure to comply with this requirement may result in removal from the athletic program.

4. Age

To participate in athletics, at any level, a student cannot have reached his or her 19th birthday before September 1 of the applicable school year. In addition, no ninth grade student is eligible to play if he or she has reached his or her 16th birthday before September 1.

In addition, at the junior high level, the following local and district age rules shall be followed:

- 8th grade: A student cannot have reached his or her 15th birthday before September 1. Anyone repeating the 8th grade is not eligible to play on the 8th grade team.
- 7th grade: A student cannot have reached his or her birthday before September 1.

5. Acknowledgment of Kenedy ISD Athletic Handbook

The last page of this handbook should be signed by the student-athlete and the parent/guardian. It should then be returned to the Athletic Department. This shows receipt of the Athletic Handbook and acknowledges that the student-athlete and parent/guardian will comply with the rules and policies contained in the Athletic Handbook.

Kenedy ISD Policies and Expectations

ATHLETIC PERIOD

ALL athletes MUST BE ENROLLED IN THE ATHLETICS CLASS who plan to participate in any sport, and must remain in the athletics class year-round in order to gain the benefits of the structured speed, weights, agility, and endurance training provided there. Once you have commenced participation in athletics, you are expected to remain in the program. Any and all exemptions to this rule must be approved by the Athletic Director.

**There is one exception to this requirement: That is, if you are in your senior year and an unavoidable conflict in your academic schedule prevents you from enrolling in the athletics class. If you face such a case of an irreconcilable conflict in your academic schedule your senior year, you must secure the approval of the athletic director in order to participate in a sport.*

GRADES/TUTORIALS

Each and every student will be held to a very high standard in the classroom, both with grades and with discipline. It is expected for every athlete to maintain a course average of 75 or better. The coaches will conduct grade checks every three weeks. Every athlete that is on this grade report, grade of 75 or below, will be expected to attend tutorials in addition to any other requirements mandated by school administration or teachers.

RESPECT FOR OTHERS

Coaches and teachers should receive “Yes sir” and “No ma’am” responses from players when talking to them. Players in return will be treated with respect by their coaches. The use of curse words will not be allowed in the classroom, or at any athletic practice or competition. Show respect for the opposing players, coaches, officials, and spectators. An athlete who fails to demonstrate respect will be punished at the discretion of the coach or Athletic Director. Depending on the severity of the offense or continued infractions may result in suspension.

MULTIPLE SPORTS

Athletes are encouraged to participate in more than one sport. Student athletes who attempt to participate in multiple sports whose seasons overlap may encounter schedule conflicts. When and if conflicts arise, the coaches of the sports will work out a solution. If a solution cannot be found, then the Athletic will make a decision.

A student who participates in several extracurricular activities will, undoubtedly, be in a position of conflicting obligations. The Athletic Department recognizes that each student should have the opportunity for a broad range of experiences in the area of extracurricular activities, and, to this end will attempt to schedule events in a manner to

minimize conflicts. Students also have a responsibility to do everything they can to avoid ongoing conflicts. This would include using good judgement about participating in too many activities where conflicts are bound to occur. Students must immediately notify the appropriate sponsor or coach when a conflict does arise.

The sponsors and coaches will make every effort to work out a solution. If a solution cannot be reached, the coach and the athletic director will make the decision based on the following:

1. The relative importance of each event
2. The importance of each event to the student.
3. The relative contribution the student can make.
4. How long each event has been scheduled.
5. Talking with the parents.

Once the decision has been made and the student has followed the decision, he/she will not be penalized by either the coach or sponsor. If it becomes obvious that a student cannot fulfill the obligation of a school activity, he/she should withdraw from that activity.

PLAYING TIME

Playing time is selected based on attendance, effort, skill, and sportsmanship demonstrated in practice. Playing time is not an issue for discussion at the Varsity level. Varsity sports are not required to play every athlete at any point. The only appropriate discussion about playing time at the Varsity level of competition would be the conversations about practice habits and actions that can be taken to improve chances of playing time. Varsity level coaches will not be expected to justify playing time decisions. For JV playing time may not be equal every game.

QUITTING A SPORT

ALL STUDENTS WHO WISH TO QUIT A PROGRAM

- A. Quitting cannot and will not be an acceptable practice. Athletes are encouraged to always finish what they start. "If you commit you can't quit."
- B. Athletes will be granted a one week grace period (beginning with their first day of practice) before a formal commitment is made. At the conclusion of that one week grace period, the athlete is committed to that sport for the duration.
 1. Athletes will be allowed to return to the team within 24 hours or the next school day, provided the coach will accept the return and all make-up conditioning is completed. A parent phone call must be made by the coach informing the parent.
 2. Any athlete that has decided to quit, must schedule a meeting with the Athletic Director/Girls Coordinator, the Head Coach of the sport, and the athlete's parents. This meeting must be held in order to have an

opportunity to play any other sports that school year. It is the responsibility of the parent and student to schedule this meeting.

- i. If the meeting is conducted, the consequences of the action of quitting will be determined by the Athletic Director and head coach of the involved sport with parent and student athlete input.
- ii. If the meeting is not conducted, then an automatic suspension of one calendar year will be instituted.
- iii. If the athlete decides to quit one sport and join another, then they will not be able to start that sport until the season of the sport they quit is over. Any exception to this rule will be determined by the AD. Examples of exceptions are injury or illness, or any other hardship cases. While the player waits, he/she will remain in the athletic period.
- iv. Quitting players give up all rights to any honors which they have earned but not yet received.
- v. All equipment must be turned in clean. An athlete must pay for any equipment not returned or damaged.

B. Any athlete that quits any sport a 2nd time (does not have to be the same sport) will be suspended from all activities **until the athletic director approves reinstatement (minimum of one year)**. The athlete will be allowed to rejoin athletics once he/she has completed one semester in the athletic period and demonstrated championship qualities, maintains quality in the classroom, and exhibits strong character (Athletic Director's approval)

The Athletic Director has the final decision on the consequences of an athlete quitting a sport. If the Head coach and Athletic Director agree that it would be in the best interest of both the program and the athlete that the athlete has to quit his or her sport, there will be no penalty assessed.

TRAVEL

All athletes represent the community, school and coaches. Therefore it is expected that all will dress and conduct themselves in an acceptable manner on trips. When missing classes is necessary because of an athletic event, it is the responsibility of the athlete to see his/her teacher prior to missing the class. Athletes will travel to the competition with their team and may not return home from trips in any other manner except on the bus or with their own parents. Any other travel arrangements must be cleared with the Athletic Director prior to the event.

In cases where the athlete is not able to travel with the team to an event because they are involved with other UIL or school sponsored activity, and will meet the team at the game site, may do so with the proper notification and/or documentation as outlined above. The district shall not be liable for any injuries that occur to students riding in vehicles not provided by the school.

CONTACTING COACHES AND THE CHAIN OF COMMAND

This athletic department will always follow the proper chain of command in addressing any complaints or issues. Please follow the proper chain of command in resolving any type of problem or situation that may arrive. Each successive step will provide you with the appropriate process to advance in the chain of command.

1. Coach / Sponsor
2. Athletic Director
3. Campus Principal
4. Superintendent
5. Refer to FNG (LOCAL) concerning the grievance process thereafter

SOCIAL MEDIA

Playing and competing for Kenedy is a privilege. Student-athletes at Kenedy are held in the highest regard and are seen as role models in the community. As leaders you have the responsibility to portray your team, your school and yourselves in a positive manner at all times. Sometimes this means doing things that are an inconvenience to you, but benefit the whole team.

Facebook, Twitter and other social media sites have increased in popularity globally, and are used by the majority of student-athletes in one form or another.

Student-athletes should be aware that third parties - - including the media, faculty, future employers, friends, and family- - could easily access your profiles and view all personal information. This includes all pictures, videos, comments and posters.

Inappropriate material found by third parties affects the perception of the student-athlete, the athletic department, the school, and our community. This can also be detrimental to a student-athlete's future employment options, whether in professional sports or in other industries.

Examples of inappropriate and offensive behaviors concerning participation in online communities may include depictions or presentations of the following:

- Photos, videos, comments or posters showing the personal use of alcohol, drugs and tobacco e.g., no holding cups, cans, shot glasses etc.
- Photos, videos, and comments that are of a sexual nature. This includes links to websites of a pornographic nature and other inappropriate material.
- Pictures, videos, comments or posters that condone drug-related activity. This includes but is not limited to images that portray the personal use of marijuana and drug paraphernalia.
- Content online that is unsportsmanlike, derogatory, demeaning or threatening toward any other individual or entity (examples: derogatory comments regarding another institution; taunting comments aimed at a student-athlete, coach or team at another institution and derogatory comments against race and/or gender).

- No posts should depict or encourage unacceptable, violent or illegal activities (examples: hazing, sexual harassment/assault, gambling, discrimination, fighting, vandalism, academic dishonesty, underage drinking, and illegal drug use).
- Content online that would constitute a violation of UIL policies, district policies, or athletic expectations (examples: commenting publicly about a prospective student-athlete, providing information related to sports wagering activities; soliciting impermissible extra benefits).

If a student-athlete's profile and its contents are found to be inappropriate in accordance with the above behaviors, he/she will be subject to the following penalties:

1. Verbal and Written warning in a meeting with Head Coach and Athletic Director.
2. Penalties as determined by the athletic department, including but not limited to possible suspension from his/her athletic team.

For your own safety, please keep the following recommendations in mind as you participate in social media websites:

- Set your security settings so that only your friends can view your profile.
- You should not post your email, home address, local address, telephone number(s), or other personal information as it could lead to unwanted attention, stalking, identity theft, etc.
- Be aware of who you add as a friend to your site – many people are looking to take advantage of student-athletes or to seek connection with student-athletes.
- Consider how the above behaviors can be reflected in all Facebook applications. If you are ever in doubt of the appropriateness of your online public material, consider whether it upholds and positively reflects your own values and ethics as well as the WW Athletic Department expectations, district vision and goals, and community interests. Remember, always present a positive image and don't do anything to embarrass yourself, the team, your family, school, or community.

Disciplinary Actions

ISS

If a student is placed in ISS, the student

1. Will attend all before or after school practices
2. Will be responsible for making up the workout missed during the athletic period.
3. If a student is placed in ISS for any amount of time on a day in which a game is scheduled he/she will not participate.
4. Should a student be placed in ISS on more than one occasion a behavior contract will be developed.
5. Parents will be notified

OSS

If a student is placed in OSS, the student

1. May not participate in practice or games until OSS is completed.
2. Will be responsible for making up the workout(s) missed.

DAEP

If a student is placed in DAEP, the student will not be allowed to participate.

HAZING

Hazing is defined by *The American Heritage Dictionary of the English Language* as follows: (1) To persecute or harass with meaningless, difficult, or humiliating tasks; and (2) To initiate, as into a college fraternity, by exacting humiliating performances from or playing rough practical jokes upon.

In the athletic programs at Kenedy ISD, we have many traditions that we want to pass along to our underclassmen. None of these traditions involve putting your hands on an underclassman in an inappropriate way, nor do they involve handling someone's personal possessions. Any athlete found to be involved in a hazing incident will be subject to discipline.

Any school employee or student who observes or has knowledge of a student engaged in any form of hazing shall report that fact or suspicion to the Athletic Director or Campus Principal.

DRUG AND/OR ALCOHOL

Exemplary behavior is expected of athletes under the jurisdiction and sponsorship of KISD schools and the KISD athletic department. There is no acceptable reason for alcohol or illegal substances to be used by any student-athlete in our athletic programs at any time during the calendar year, nor are there acceptable reasons for Kenedy ISD student-athletes to be present where illegal or controlled substance activities occur at any time during the calendar year. Any athlete found to have sold, used, possessed, distributed, or been under the influence of controlled or illegal substances, will adhere to the following consequences progression (in addition to any legal or district disciplinary consequences that may apply). Additionally, any student who is alleged to be in violation of the drug and alcohol policy listed above shall be suspended from the athletic program immediately ending an investigation. This action should not be considered a presumption of guilt, but rather it affords the accused student the time and opportunity to clear his/her name. The student may be allowed to remain in the activity as a suspended member but will not be allowed to represent his/her school in any public

manner while under this suspension.

- **First Offense:** For a first positive result, the student shall not be removed from extracurricular activities immediately but the student:
 1. Will attend a mandatory meeting with the Athletic Director, head coach and parents to discuss options and reinstatement.
 2. Shall be required to attend substance abuse counseling sessions as specified by the Athletic Director. Parents shall bear the cost, if any, of the counseling.
 3. Suspension from participation and/or other consequences as determined by the head coach and athletic director. The student shall be suspended from further participation in all extracurricular activities for 14 calendar days.
 4. Shall be responsible for one week of Big 6 Activity.
 5. Shall be randomly retested for the next year.

- **Second Offense:** After a second positive result, the student:
 1. Will attend a mandatory meeting with the Athletic Director, head coach and parents to discuss options and reinstatement.
 2. Shall be required to again attend substance abuse counseling for a longer duration.
 3. Shall be suspended from all school-sponsored extracurricular activities for at least 30 days.
 4. Shall be responsible for two weeks for Big 6 Activity.
 5. Shall be randomly retested for the next year.

- **Third Offense:** After a third positive result, the student:
 1. Will be completely removed from the program for one year.

Violations of the drug policy must be:

1. Witnessed by those employed as District Personnel
 2. Ticketed by law enforcement officials
 3. Admitted by the student
- Anonymous reports will not be investigated
 - Each Athlete may be subject to random Steroid testing by the State. Any athlete who tests positive will be subject to penalties set by the UIL.

Felony Offense Disciplinary Action:

Any athlete found to be accused of a felony will be suspended from Athletics. This is not an assumption of guilt, but rather to provide the student-athlete with an opportunity to clear his/her name. Students will be reinstated when the case is either dismissed or found not guilty.

SCHOLARSHIPS

Athletic Scholarships

The most important requirement for obtaining an athletic scholarship is to be academically qualified. Students must focus on meeting academic qualifications beginning their first year in high school. Generally, passing a certain number of core courses and making minimum ACT and/or SAT test scores are required for scholarship consideration and only certain high school courses count as a core course. Parents and athletes should work closely with their Counselor and Athletic Director to ensure that they are on track academically. Head coaches of each sport will work with college recruiters and recruiting services to provide information and film on all potential college athletes. All requests for such information received by parents and/or students should be carefully filled out and returned in a timely manner; the District is not responsible for submission of this information.

College Sports

The National Collegiate Athletic Association (NCAA), an organization founded in 1906 that has established rules on eligibility, recruiting, and financial aid, regulates many college sports. The CAA has four membership divisions - Division I, Division I-AA, Division II, and Division III. Institutions are members in one another division according to size and scope of their athletic programs and whether they provide athletic scholarships.

If you are planning to enroll in college as a freshman and you wish to participate in Division I or Division II sports, you must be certified by the NCAA Initial-Eligibility Clearinghouse. The Clearinghouse will analyze your academic information and determine if you meet the NCAA's initial-eligibility requirements.

Core Courses:

- At least four years English
- At least three years math
- At least two years social science
- At least two years natural or physical science (including one lab course if offered)

- At least one year additional classes in English, math or natural or physical sciences
- Four additional academic courses in any of these areas: foreign language, computer science, or comparative religion.

Note: Division II is the same as above except only two year math and three additional academic courses.

It is also your responsibility to make sure the Clearinghouse has the documents it needs to certify you. The Athletic Director can help you complete these forms. These documents are:

1. Your completed and signed Student Release Form and fee
2. Your official high school transcript
3. Your ACT or SAT scores

BANQUETS AND ATHLETIC AWARDS

The Kenedy Athletic Department hosts two banquets sponsored by the Kenedy Athletic Booster Club, one in the fall, and one in the spring. Each athlete is given one ticket and guests are invited to attend .

Athletic awards are awarded by the coaches, subject to final approval by the Athletic Director. A student may qualify for an award in a sport only if he/she has met all of the following criteria

1. The student-athlete must complete the entire season in good standing.
2. The student must participate in all workouts, excluding illness, emergencies, or participation in another school-sponsored function. All missed workouts may be made up.

TEN COMMANDMENTS OF CHAMPIONSHIP
ATHLETIC PARENTS

1. Be positive with your son/daughter. Let them know they are accomplishing something by simply being part of the team.
2. Do not offer excuses or place blame if your son/daughter is not playing. Be supportive and encourage them to work hard and do their best.
3. Do not criticize the coaches in front of students. Coaches, like parents, represent authority; they are teachers charged with responsibility of education in a complex society. Continual parental criticism creates doubt in the mind of the athlete and can render the coaches ineffective. As a result, the athlete becomes a complainer, not a doer!
4. Encourage your son/daughter to live an athletic life off the field of play. An athlete must have proper rest and diet to be effective mentally and physically. Know what your athlete is doing at all times. Be accountable for your child.
5. Insist on good grades. If an athlete is not passing, he/she cannot play. We want an athlete to be a successful person, not just a successful athlete.
6. Do not live your life through your son/daughter. Athletics are for the students, let them play! Do not show animosity or jealousy toward any of your child's teammates. This type of envy can rub off on your child and have an adverse effect on him/her and the team. Remember, it is amazing what can be accomplished when no one cares who gets the credit!
7. Allow the coaches to coach. They work with the athletes daily and know the individual abilities of each participant. They are professionals and have been trained to coach.
8. Understand the athletic pyramid. The further one advances in athletics, the more difficult it becomes to be successful. Being a little league all-star does not ensure success at the high school level. Each level becomes more demanding and requires more parental support and understanding.
9. Your successes, a sibling's successes, do not constitute guaranteed success for all family members. Each child is an individual, unique, like no other before or after. The battle one must wage is against oneself only, against taking the line of least resistance, against not working for self-improvement. Comparisons, although inevitable, should be avoided at all costs because they can lead to irreparable damage.
10. Love your child for who he/she is, not for his/her athletic accomplishments. Your child is a human being, not an object.



Athletic Handbook 2021-2022

Athletes First Name

Last Name

Grade

Kenedy Independent School District Athletic Handbook Acknowledgement Form

The Athletic Handbook is available online at www.kenedyisd.com. Please hold onto this packet to refer to throughout the school year as it will be the document that the KISD Athletic Department holds true to.

I have read, understand, and agree to abide by the guidelines in the Athletic Handbook set forth by the KISD Athletic Department.

Students must turn in this signature page before participating in any KISD Athletic Program.

Parent Signature

Date

Athlete Signature

Date

*Student and Parent must sign and date this sheet and return to the Athletic Director.