

Kenedy ISD  
School Health Advisory Council  
End of School Report 2018-2019

As with every school year, we have to iron out some kinks to help the flow of the day go more smoothly. Teachers were reporting that students were not getting enough time to eat lunch. During our first meeting, we were able to put our heads together and come up with a solution. Teachers will e-mail their lunch counts into the cafeteria early in the morning. This would help the flow through the cafeteria and solve the problem of students not taking what they signed up for. Secondary started making more of the more popular items so everyone could make a choice.

Due to an increase in flu cases, the SHAC decided to put out a parent letter to inform them and instructions on best practices to reduce the chance of transmission. A meeting was scheduled with Hotsy Carlson Equipment about VitalOxide to learn more about the product and cost for disinfection purposes.

Monica Gwosdz came and presented the Big Decisions program for students in 8th-12th grades. The presentations went well and students had the opportunity to ask questions afterwards.

The campus compliance evaluations were good. Only a few items from the cafeteria had to be pulled because they did not meet the Smart Snacks criteria.

Next year we will include healthy facts and activities on the menus that go home for the students and family to review. These health tips and activities will promote nutrition, physical activity for the whole family, portion sizes, recipes, etc.

For our health and wellness day, we had Sheriff Villanueva come and speak to our students about safety. For our staff, we had the Texas Department of State Health Services with a presentation for our staff about fat content in some popular food choices and drinks. They also had recipe books and other goodies. We also had a representative from YoungLiving return to teach faculty about essential oils.

At the beginning of next year, we will meet with our new administrators to review our wellness policy and see if we are all on board. At that time, we would make any potential changes. Our goals are to have the Big Decisions program earlier in the year and provide a drug awareness program for students and staff. Another important goal is to increase our attendance at our SHAC meetings.